

AromaSteam Health Capsule



Why not try our newly upgraded Aromatherapy steam capsule. Imagine.... at the end of a long hard day, enveloping yourself in the therapeutic cocktail of steam heat, music and our aromatherapy prescription.

Flagging spirits are revived, aching joints and muscles relieved and respiratory problems eased. Penetrating warmth reaches deep into the joints and muscles, replacing tension with a feeling of refreshment and well being.

Your skin is your largest organ so deserves a little pampering. AromaSteam provides a gentle but thorough workout, leaving your skin glowing healthy and looking younger.

Whether you have a cold, flu, asthma, hayfever or a headache, we can put a personalised prescription of oils together for your own needs, making you feel the health benefits instantly after the treatment.

A twenty minute treatment spent cocooned in steamy vapour, raises the metabolic rate, boosts the immune system and purges toxins. This is followed by a twenty minute resting period, which includes a ginseng facial massage.

One off Treatment	£25.00
Multiple Treatments	£20.00
When combined with massage	£20.00

BENEFITS:

- Boosts Immune System
- Detoxifies and deep cleanses entire body
- Relieves muscular aches and pain
- Increases blood circulation and metabolism
- Hydrates dry skin
- Improves skin and body tone
- Makes your body feel relaxed and rejuvenated
- Effective for respiratory conditions

A uniquely delicious experience and the perfect way to relieve stress!!