

# MASSAGE TREATMENTS

Experience the ultimate in stress relief and relaxation.



Combine your massage treatment with a 15minute Health Capsule for only an additional £20 or with our luxurious Spa Ritual Glowing Salt Scrub Exfoliation

## **Back, Neck and Shoulders**

£27.50

(Half – hour)

Soothes away stress and tension

## **Therapeutic Massage (Swedish Full Body)**

(50 Mins) requested areas treated

£48.50

(One Hour) requested areas treated

£52.50

## **Full Body Massage**

£72.50

(One and a half hours)

The ‘Rolls- Royce’ of massage treatments for your body and mind

## **Aromatherapy Massage**

Hands on massage by our therapist with hand selected pure essential oils

(Inc. Capsule)

One and a half hour (Rolls-Royce)

£82.50

£92.50

One hour (full body)

£62.50

£72.50

Half hour (head, neck and shoulders)

£35.50

£45.50

## **Remedial Vibration Therapy For Pain Management**

Using state of the art technology this is a must for clients with back and neck pain, repetitive strain injury, sports injuries including muscular aches, sprains, inflammation and bruising. This therapy used in conjunction with a specially formulated pain relieving oil comprising of plant extracts and essential oils, provides a concentrated targeted method of treating conditions above, providing relief, comfort and increased mobility quicker. This treatment may also incorporate massage.

5 Mins      £10.00

10 Mins     £20.00

15 Mins     £30.00